



## **Procedure Information Sheet**

### **Introduction**

Intense Pulsed Light (IPL) produces intense visible lights of a range of wavelengths and can tackle various skin problems simultaneously. IPL is less invasive than laser and therefore it requires less downtime and it is generally safer than laser.

### **Indications**

1. Pigmented lesions: Freckles, solar lentigines, melasma, hyperpigmentation.
2. Skin rejuvenation of the face, neck and hands: Skin tone, skin texture, pore size, fine lines.
3. Vascular lesions.

### **Contradictions**

- Pregnancy, photosensitive conditions such as systemic lupus erythematosus, porphoria and medications that induce photosensitivity.

### **Before the Operation / Procedure**

1. Local anaesthesia may be required.
2. Multiple treatments are usually required for improvement and total clearance may not be possible.
3. Clinical results vary and there is no guarantee to the final outcome of the treatment.
4. Recurrence is possible.
5. Photographs will be taken before and after the procedure.

### **After the Operation / Procedure**

1. The treated area might become red after the procedure and will usually fade within hours.
2. A thin dark layer may form at the top of the skin. This will usually come off in a few days.
3. Routine skin care products and makeup may be used after the procedure.
4. Apply sunscreen and avoid exposure to sunlight.

### **Risks and Complications**

IPL is generally a very safe procedure with very few side effects. However, it is still possible to develop redness, blisters, burns, scars and hyper- or hypo- pigmentation after the treatment.

### **Disclaimer**

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

### **Reference**

1. Martella et al. Photoepilation and skin photorejuvenation: An update. *Dermatology report* 2017;9:7116
2. Maruyama. Hand rejuvenation using standard Intense Pulsed Light (IPL) in Asian patients. *Laser Therapy* 2016. 25(1):43-54

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### **Patient's Label**

Patient Name: \_\_\_\_\_  
Hospital No: \_\_\_\_\_  
Adm No/Episode No: \_\_\_\_\_