

## Procedure Information Sheet

### Introduction

During the procedure, radiofrequency is transmitted deep to the skin which stimulates collagen formation. This improves the appearance of fine lines and tightens the skin.

### Before the Operation / Procedure

1. Contraindications: Pregnancy, cardiac pacemaker, defibrillator, other electrical equipments or metal implants.
2. Burning and pin-pricking sensation might be felt during the procedure.
3. Clinical results vary and there is no guarantee to the final outcome of the treatment.
4. Photographs will be taken before and after the procedure.

### After the Operation / Procedure

1. After treatment, wash the treated area with warm water only for 1 week.
2. Non-irritating skin care products and makeup maybe used when there is no open wound.
3. Apply sunscreen if there is no open wound and avoid exposure to sunlight.

### Risks and Complications

1. Redness, swelling, burns, blistering, scarring, tenderness and altered sensation.
2. Hyper- or hypo-pigmentation may last for 3-12 months or longer.

### Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

### Reference

1. A R Bonjorno et al. Radiofrequency therapy in esthetic dermatology: A review of clinical evidences. J Cosmet Derm 2020.19(2):278-281
2. K D Polder. Radiofrequency: Thermage. Facial Plast Surg Clin N Am 2011.19(2):347-359
3. D J Hodgkinson. Clinical applications of radiofrequency: Nonsurgical skin tightening (Thermage). Clin Plast Surg 2009.36(20):261-268

Patient's Label  
Patient Name: \_\_\_\_\_  
Hospital No: \_\_\_\_\_  
Episode No \_\_\_\_\_

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_