



**Procedure Information Sheet**

**Introduction**

Botulinum Toxin / Filler are non-surgical procedure with temporary effects.

**Indications**

- Facial wrinkles
- Masseteric hypertrophy
- Axillary and palm hyperhidrosis
- Facial volume restoration
- Calf reduction
- Platysmal bands

**Before the Operation / Procedure**

1. Local anaesthesia may be required.
2. Multiple treatments are usually required for improvement and total clearance may not be possible.
3. Clinical results vary and there is no guarantee to the final outcome of the treatment.
4. Recurrence is possible.
5. Photographs will be taken before and after the procedure.

**After the Operation / Procedure**

1. Pain, bruising and swelling are common around the injection sites after the procedure.
2. Routine skin care products and makeup may be used immediately after the procedure.

**Risks and Complications**

1. General complications: Redness, swelling, bruising, infection, under-correction, over-correction, asymmetry, allergy reaction.
2. Botulinum Toxin: Flu-like symptoms, dizziness, headache, muscle weakness, double vision, eyelid ptosis, eye-brow ptosis, dry eyes.
3. Fillers: Lumpiness, skin necrosis, blindness.

**Disclaimer**

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

**Reference**

1. M Kassir. Complications of botulinum toxin and fillers: A narrative review. J Cosmet Derm 2020. 19(3):570-573
2. M Signorini et al. Global Aesthetics Consensus: Avoidance and Management of Complications from Hyaluronic Acid Fillers-Evidence- and Opinion-Based Review and Consensus Recommendations. Plast Reconstr Surg 2016.137(6):961e-971e
3. H Sundaram et al. Global Aesthetics Consensus: Botulinum Toxin Type A--Evidence-Based Review, Emerging Concepts, and Consensus Recommendations for Aesthetic Use, Including Updates on Complications. Plast Reconstr Surg 2016. 137(3):518e-529e

<b>Patient's Label</b>
Patient Name: _____
Hospital No: _____
Episode No: _____

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_