

## Procedure Information Sheet

### Introduction

In cryotherapy, liquid nitrogen is applied to freeze the affected skin. The freeze-thaw cycle causes tissue damage and induces immunological response.

### Indications

- Warts
- Molluscum Contagiosum
- Actinic keratosis

### Before the Operation / Procedure

1. Topical anaesthesia may be used prior to the procedure.
2. Multiple treatments are usually required for improvement and total clearance may not be possible.
3. Clinical results vary and there is no guarantee to the final outcome of the treatment.
4. Recurrence is possible.
5. Photographs will be taken before and after the procedure.

### After the Operation / Procedure

1. There may be slight pain during and after the procedure.
2. Redness and swelling usually last for a week.
3. Superficial wounds and blisters may form after the procedure. Apply the antibiotic ointment prescribed until the scabs have come off.
4. Treatment is repeated in 2-4 weeks if required.

### Risks and Complications

1. Redness, swelling, pain, blistering, infection, scarring.
2. Hyper- or hypo- pigmentation which might last for 3-12 months or more.

### Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

### Reference

1. K Soenjoyo et al. Treatment of cutaneous viral warts in children: A review. *Dermatol Ther* 2020.33(6):e14034
2. SKF loo et al. Warts (non-genital). *BMJ Clinical Evidence* 2014.2014:1710

<b>Patient's Label</b> Patient Name: _____ Hospital No: _____ Episode No: _____
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Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_