



耳鼻喉科中心  
ENT Centre

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本中心由聽力學家提供的耳鳴評估及治療，其流程如下：

The workflow of the “Tinnitus Assessment & Therapy” provided by the audiologist is shown as below:

病人需先接受耳鼻喉科醫生診斷及排除耳朵或鼻咽疾病，並且未能透過藥物治療解決問題，便可以作出轉介。

Patient is required to consult the ENT specialist to rule out the possible ear or nose pathologies. He/she will be referred in case the tinnitus problem cannot be benefit from medication.



病人會透過詳細的耳鳴聽力測試及問卷調查來評估其耳鳴問題的所屬類別。

Patient is assessed and categorized by comprehensive tinnitus audiometric tests and questionnaire.



提供耳鳴培訓治療(TRT)的資訊性心理輔導  
Directive counseling based on  
Tinnitus Retraining Therapy (TRT)

聲音治療  
(包括借用合適的助聽器或發聲器)  
Sound Therapy  
(Including on loan appropriate hearing aid  
or sound generator)

情況較嚴重者，可配合認知行為治療  
及心理輔導作綜合治療

Integrated program incorporating  
Cognitive Behavioral Therapy and  
counseling for severe cases



6-9 個月後再作評估及跟進  
Follow up session at 6-9 months to monitor the progress