



Precautions 注意事項

- ◆ Before the first use or if it has not been used for a long time, spray into the air for a few times until it produces a fine mist of medication.
首次使用噴劑或長時間放置後再次使用時，請先向空氣按壓數次，直至釋出噴霧。
- ◆ Do not spit out this drug or rinse your mouth for 5 to 10 minutes after use.
使用後 5 至 10 分鐘請勿吐出此藥或漱口。
- ◆ Store in a cool, dry place and away from direct heat and light. Do not refrigerate.
把藥物存於在陰涼乾爽的地方，避光保存，不應存放在雪櫃內。
- ◆ Spray away from other people, heat and open flame (e.g. cigarette). Do not force open or burn after use or even if it seems empty.
使用時應遠離他人、高溫及明火（如煙頭）。切勿用力開啟或燃燒空藥瓶。
- ◆ Avoid concomitant use of the spray with Viagra® or Cialis®. Please seek advice from your doctor or pharmacist for details of your medications.
勿與威而剛 (Viagra®)、犀利士 (Cialis®) 一起使用。請向醫生或藥劑師查詢藥物的詳細資料。

Please scan the QR code for Information & Instructions for Other Medications.

如欲索取其他藥物資料及指引，請掃瞄二維碼。



Disclaimer 免責聲明

The above information provided is for reference only. Please consult your doctor or pharmacy staff for any enquiries.

此資訊只供參考之用。如有任何疑問，請向主診醫生或藥房職員查詢。

Contact 聯絡

Drug information hotline 藥物查詢熱線：2339 8964

Website 網頁：<https://www.hkbh.org.hk>

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藥劑部 10-2022



HOW TO USE GLYCERYL TRINITRATE (TNG) SPRAY 硝酸甘油噴劑 的使用方法



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Steps of using TNG spray 使用硝酸甘油噴劑的正確步驟



1. When chest pain occurs, sit down to reduce side effect of dizziness.
當心絞痛發作時，應先坐下以減輕暈眩的副作用。
2. Hold the canister upright and place your finger on the pump. Do not shake before use.
將藥瓶豎直拿好及把手指放在按鈕上。使用前不需搖勻。
3. Point the spray nozzle towards your mouth. Hold your breath and spray a puff under your tongue by pressing down the pump. Close your mouth after the dose. **Do not inhale.**
將噴嘴對準口腔，屏住呼吸，將一劑量噴在舌下，然後合上嘴巴，**不要將藥吸入。**

4. Repeat the dose at 5-minute intervals if the symptom is not relieved. If chest pain persists after using **3 doses in 15 minutes**, you should **attend Emergency Department immediately.**
若五分鐘後，心絞痛還未紓緩，可使用第二及第三劑量，每個劑量相隔五分鐘。若 **15 分鐘內已使用三個劑量**，而心絞痛仍未消除，**須立即到急症室求醫。**



If this spray is used for angina prevention, use it **5 to 10 minutes before** an activity that may lead to chest pain.

若使用此藥來預防心絞痛發作，請在可能會導致胸痛活動前 **5 至 10 分鐘** 使用此藥。

Common side effects 常見副作用

1. 頭痛 (Headache)



2. 暈眩 (Dizziness)



3. 臉紅 (Face Flushing)



4. 心跳加速 (Increased Heart Rate)



Angina is a typical symptom of coronary heart disease, caused by narrowing of coronary blood vessels. This leads to reduced blood flow and oxygen supply to the heart muscles, and results in chest pain.

The role of TNG spray is to dilate the blood vessels, reduce the workload of the heart, increase the blood flow to the heart muscle, thereby improving the supply of oxygen to the heart.

心絞痛是冠心病的典型症狀，由於冠狀動脈收窄，導致心肌的血流量和氧氣供應減少，引發心絞痛。

硝酸甘油噴劑可使血管擴張，減低心臟的負荷，並能增加心肌之血液流量，從而改善心臟氧氣的供應。