

Precautions 注意事項

- ◆ If there is presence of nitrates in your blood at all times, your body may get used to it and develop tolerance. This may reduce the effectiveness of nitrates. “Drug-free period” may be scheduled by your doctor according to individual needs to leave your blood free of nitrates and prevent the development of tolerance.

如硝酸鹽類藥物一直存在於血液中，人體會對此類藥物產生耐藥性，從而減低藥效。醫生會按患者個別的情況安排“休藥時段”，以免產生耐藥性。

- ◆ The patch must be removed before undergoing magnetic resonance imaging (MRI) or cardioversion.

進行磁力共振 (MRI) 或心律調整程序前，必須除去硝酸甘油貼劑。

- ◆ Store in a cool, dry place away from direct heat and light. Keep out of reach of children.

把藥貼存放在陰涼乾燥處，遠離直接熱源和光照。放在孩童不能觸及的地方。

Please scan the QR code for Information & Instructions for Other Medications.

如欲索取其他藥物資料及指引，請掃瞄二維碼。



Disclaimer 免責聲明

The above information provided is for reference only. Please consult your doctor or pharmacy staff for any enquiries.

此資訊只供參考之用。如有任何疑問，請向主診醫生或藥房職員查詢。

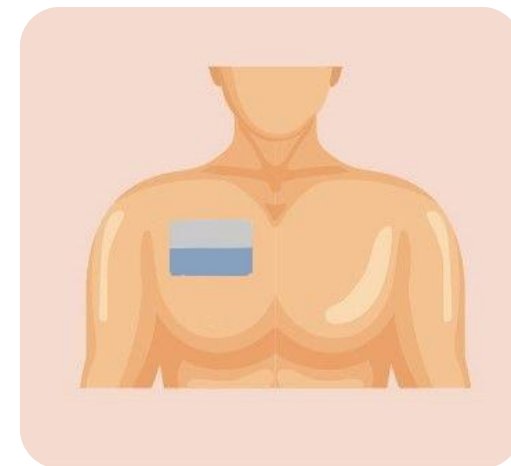
Contact 聯絡

Drug information hotline 藥物查詢熱線：2339 8964

Website 網頁：<https://www.hkbh.org.hk>

Pharmacy Department 09-2022

藥劑部 09-2022



HOW TO USE
GLYCERYL TRINITRATE
(TNG) PATCH
硝酸甘油貼劑
的使用方法



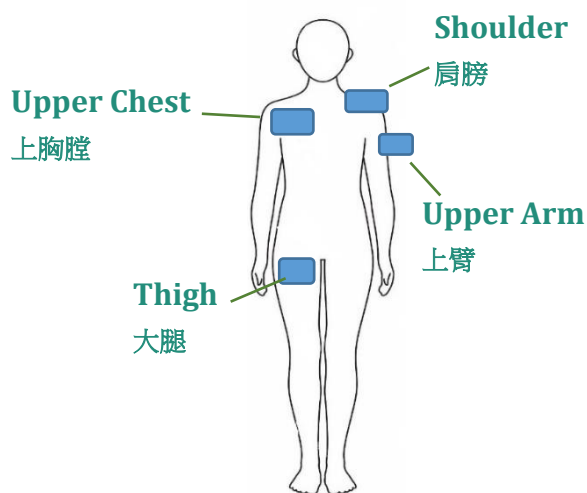
香港浸信會醫院
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Pharmacy Department 藥劑部

Steps of using TNG patch 使用硝酸甘油貼劑的步驟

1. Wash your hands before and after use.
用藥前後洗手。
2. Clean and dry the skin area before application. Avoid applying the patch onto hairy and wound areas.
使用貼劑前，先把皮膚清潔及抹乾，避免貼在毛髮或傷口處。
3. Rotate a different skin area of patch applications each day. Wait several days before using the same area again.
每天應轉換貼藥的位置，應相隔數日才貼在同一位置上。

Application sites for the patch
貼藥的位置



4. Tear open the sachet, do not use scissors.
撕開小袋，不要使用剪刀。
5. Remove the protective liner. Press the sticky side of the patch to the skin. Press the patch firmly for 10 to 20 seconds.
移取保護膜，將貼片的粘性面貼在皮膚上。用力按壓貼片 10 至 20 秒。
6. You may bath, shower and exercise while wearing the patch.
使用藥貼期間可如常洗澡和運動。
7. You may be required to have a “drug-free period” to prevent the development of tolerance. Remove patch as directed by doctor.
患者或需要“休藥時段”以防產生耐藥性。請按醫生指示移除藥貼。
8. Please fold the patch in half with the sticky side facing inwards for disposal.
使用後將藥貼粘性面向內對摺才丟棄。

Avoid exposure of the patch in use to direct source of heat (e.g. heating pads, electric blanket, sauna etc.). Heat may increase the rate of drug release, which results in an overdose.
切勿在貼藥處放上暖包、電毯等，及應避免焗桑拿浴。熱力可加快及引致過量藥物釋放。



**Do not use this medicine for sudden chest pain.
此貼劑不適用於突發性胸痛**

Angina is a typical symptom of coronary heart disease, caused by narrowing of coronary blood vessels. This leads to reduced blood flow as well as oxygen supply to the heart muscles, and results in chest pain.

The role of TNG patch is to dilate blood vessels, reduce the workload of the heart, increase the blood flow to the heart muscle, thereby improving the supply of oxygen to the heart.

心絞痛是冠心病的典型症狀，由冠狀動脈收窄，導致心肌的血流量和氧氣供應減少，引發心絞痛。

硝基甘油貼劑可使血管擴張，減低心臟的負荷，並能增加心肌之血液流量，從而改善心臟氧氣的供應。