**Physiotherapy Department**

**Introduction**

Managed by a team of professional registered physiotherapists, the Physiotherapy Department offers a wide spectrum of professional physiotherapy services and support to in-patients and out-patients. By utilizing therapeutic exercises, manual therapy and the modalities of sound, light, heat, cold and electricity, our physiotherapists help patients ease their discomfort or disability and to promote rehabilitation.

**Services Scope**

- Examining and evaluating patients with health-related conditions, impairment, functional limitation and disability to determine a suitable diagnosis, prognosis and intervention;
- Alleviating impairment and functional limitation by designing, implementing and modifying therapeutic interventions; and
- Preventing injury, impairment, functional limitation and disability by promoting and maintaining fitness, health and quality of life among the patients.

**Areas of Specialty**

- Orthopedic cases: pain relief and rehabilitation for neck and back pain, tendinitis, fracture and sports injury
- Surgical cases: maintenance and enhancement of lung function before and after operation
- Medical cases: chest physiotherapy and pulmonaary rehabilitation for pulmonary problems; rehabilitation for cardiac problems or stroke
- Paediatric cases: chest physiotherapy for lung problems
- Neurological cases: pain relief for neurological pain cases, functional rehabilitation for muscle weakness or motor function problem cases
- Others: vestibular rehabilitation and weight management

**Types of Treatment**

- Therapeutic Exercises
- Electrical Stimulation
- Traction Therapy
- Manual Therapy
- Chest Physiotherapy
- Cold / Hot Therapy
- Ultrasound Therapy
- Shockwave therapy
- Magnetopulase
- Continuous Passive Movement
- Compression therapy
- Vestibular Rehabilitation
- Weight management

In addition to the physiotherapy treatments, walking aids, health care and rehabilitation products are also available for purchase. Please contact the Department for details.

**Service Hours**

**Out-patient**

- Monday to Friday: 9am to 6:00pm
- Saturday: 9am to 1:00pm

Closed on Sunday and Public Holidays

**In-patient**

- Daily: 9am to 5:00pm

*Out-patient service will be suspended during Typhoon Signal No. 8.

*In-Patient service will be maintained during all Typhoon Signal and / or all rainstorm signals.

**Booking & Enquiries:**

2339 8481

**Website:**

http://www.hkbh.org.hk