

Physiotherapy Department

物理治療部



I can do everything through Him (God) who gives me strength.

【Philippians 4:13】

Introduction

Managed by a team of professional registered physiotherapists, the Physiotherapy Department offers a wide spectrum of professional physiotherapy services and support to in-patients and out-patients. By utilizing therapeutic exercises, manual therapy and the modalities of sound, light, heat, cold and electricity, our physiotherapists help patients ease their discomfort or disability and to promote rehabilitation.

Services Scope

- Examining and evaluating patients with health-related conditions, impairment, functional limitation and disability to determine a suitable diagnosis, prognosis and intervention;
- Alleviating impairment and functional limitation by designing, implementing and modifying therapeutic interventions; and
- Preventing injury, impairment, functional limitation and disability by promoting and maintaining fitness, health and quality of life among the patients.



Pilates reformer

Areas of Speciality

- Orthopedic cases: pain relief and rehabilitation for neck and back pain, tendinitis, fracture and sports injury
- Surgical cases: maintenance and enhancement of lung function before and after operation
- Medical cases: chest physiotherapy and pulmonary rehabilitation for pulmonary problems; rehabilitation for cardiac problems or stroke
- Paediatric cases: chest physiotherapy for lung problems
- Neurological cases: pain relief for neurological pain cases, functional rehabilitation for muscle weakness or motor function problem cases
- Others: vestibular rehabilitation and weight management



Elliptical trainer

Types of Treatment

- Therapeutic Exercises
- Electrical Stimulation
- Traction Therapy
- Manual Therapy
- Chest Physiotherapy
- Cold / Hot Therapy
- Ultrasound Therapy
- Shockwave therapy
- Magnetopulase
- Continuous Passive Movement
- Compression therapy
- Vestibular Rehabilitation
- Weight management



Tilt table

In addition to the physiotherapy treatments, walking aids, health care and rehabilitation products are also available for purchase. Please contact the Department for details.



Shockwave therapy

Service Hours (By doctor's referral and appointment only)

Out-patient*

Monday to Friday 9am to 6:00pm
Saturday 9am to 1:00pm
Closed on Sunday and Public Holidays

In-patient#

Daily 9am to 5:00pm

* Out-patient service will be suspended during Typhoon Signal No. 8.
In-Patient service will be maintained during all Typhoon Signal and / or all rainstorm signals.



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