

# 藥物 常識



如何使用  
塞陰藥及其輔助器

**How To Use  
Vaginal Tablet And  
Via Applicator**



## 如何使用塞陰藥及其輔助器

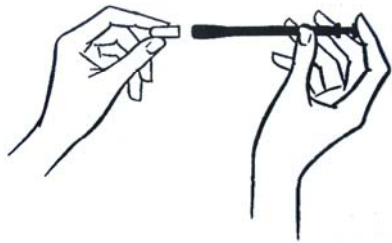
### How To Use Vaginal Tablet And Via Applicator

1. 清洗雙手。

Wash your hands.

2. 將投藥器之活塞盡量拉出，把陰道藥片放入投藥器內

Pull out the applicator plunger as far as it goes. Place the vaginal tablet into the applicator.



3. 仰臥床上，屈起雙膝，使用藥物或輔助器時更容易。

Lay on your back with your knees bent to make insertion of the vaginal tablet or the applicator easier.

4. 小心地用投藥器將藥片輕輕推入陰道深處，再按下活塞，或用手指輕輕地把藥片推進陰道深處，使藥片留在陰道內。

Gently insert the tablet deeply into the vagina as far as it goes comfortably, using your finger or via applicator. Depress the plunger to transfer the tablet to the vagina, if applicator is used.



5. 投藥器清洗方法：將活塞從投藥器拉出，用溫水及肥皂清洗乾淨，抹乾並保持清潔。

Method of cleansing the applicator:  
Remove the plunger by pulling it out of the applicator. Wash both parts in warm soapy water, rinse and dry.



6. 感染症狀 (如痕癢及異常分泌) 可能會很快消失，但仍須按醫生指示繼續使用藥片，直至整個療程完畢。

Symptoms like itching and discharge may disappear quickly but it is important that you continue the treatment until finished.

7. 塞陰藥一般於睡前使用，如有疑問請聯絡醫生或藥房。

Vaginal tablet is usually used before bedtime. For enquiry, please contact your doctor or our pharmacy department.

此藥物指引只供參考之用。用藥應按照醫生指示。  
如有疑問請向主診醫生或藥房職員查詢。

藥物查詢熱線: 23398964

The above information provided can be regarded as a general reference. If you have any problem, please consult your doctor or your pharmacist.

Pharmacy hotline: 23398964

香港浸信會醫院網址: [www.hkbh.org.hk](http://www.hkbh.org.hk)

HK Baptist Hospital web site: [www.hkbh.org.hk](http://www.hkbh.org.hk)

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