

Steps of using eye drop

使用眼藥水的正確步驟

1. Wash hands with soap.

用肥皂清洗雙手。

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2. Use a clean cotton ball or cloth to clean the eye gently if there is any drainage or crusting in eyes.

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3. Lean the head backwards or lie down in bed.

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4. Gently pull the lower eyelid downwards to form a pouch while directing your gaze upwards.

Squeeze the eye drop into the pouch with the other hand.

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Step To Eye Drops



Do not let the tip of the bottle touch the eye to avoid contamination to the eye.

切勿讓滴嘴接觸到眼睛或眼蓋，以免損害眼睛及污染滴管。