

# Hair Removal

## 彩光脫毛

### Intense Pulsed Light (IPL) Hair Removal

#### Causes of Excessive Hair

- The commonest cause is genetic.
- Hormonal imbalances and certain oral medications can also cause excessive hair.

#### How can Excessive Hair be Removed?

Intense pulsed light uses multiple wavelengths of light to selectively heat up and destroy hair follicles, without causing injury to the skin.

#### Preparations before Treatment

- You must not remove hair by plucking or waxing 2 weeks before treatment.
- You should avoid excessive sun exposure 4 weeks before treatment.
- Pregnant ladies, individuals with severe skin allergy and those taking certain oral medications should avoid undergoing IPL hair removal.

#### Is the Treatment Painful?

- You will experience mild burning sensation during treatment.

#### Post-Treatment Care

- You should avoid excessive sun exposure after treatment.
- You can return to work immediately. Some people experience mild and transient redness after treatment.

#### How Effective is IPL Hair Removal?

- Hair under the armpits, arms and legs respond best to treatment.
- Most of the hair will be reduced after treatment. The remaining hair will be lighter in colour, and finer. You will also notice that hair growth is slower.
- Multiple sessions of treatment are usually needed to achieve good results.

#### Is the Treatment Safe?

IPL should be operated by experienced specialist doctors to achieve best results and to avoid causing burn to the skin which may result in permanent scars.

Note: 1. Result may vary. Please consult your doctor in advance.

2. For referral cases, please call our Skin and Laser Centre for more information.

#### Service Hours (By appointment only)

Mon to Wed, Fri	10:00 am – 6:00 pm
Thur	10:00 am – 1:00 pm
Sat	09:00 am – 1:00 pm
Closed on Sunday and public holidays	