



Procedure Information Sheet

Introduction

This is a procedure that involves passing an endoscope through the urethra to allow examination of the urethra and urinary bladder.

The Operation / Procedure

1. Different types of anaesthesia can be conducted according to patients conditions
 - 1.1 Local Anaesthesia
 - 1.2 I.V. Sedation
 - 1.3 Monitored Anaesthetic Care
2. A local anaesthetic lubricant jelly is injected into the urethra
3. A flexible fibre-optic cystoscope is passed via the urethra into the bladder
4. Fluid is infused, through the cystoscope, to distend the bladder allowing for easier examination
5. A biopsy may be required

Before the Operation / Procedure

1. A written consent from the patient is necessary.
2. Patient should follow the instruction from doctor to keep fasting of diet if necessary.

After the Operation / Procedure

1. Increase fluid consumption after the examination
2. Burning sensation may be experienced when voiding, and urine may be slightly blood-stained

Risk and Complication

1. Post anaesthetic complication such as
 - Vomiting
 - Dizziness
2. Urinary tract infection
3. Heavy haematuria after biopsy

Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

Reference

Department of Surgery, Queen Mary Hospital, Procedure Information Leaflet: Flexible Cystoscopy (2002)

Patient's Label
 Patient Name: _____
 Hospital No: _____
 Adm No/Episode No: _____

Patient's Signature: _____ Date: _____