



Procedure Information Sheet

Introduction

Intense pulsed light uses multiple wavelengths of light to selectively heat up and destroy hair follicles, without causing injury to the skin.

Indication

Hair under the armpits, arms and legs respond best to treatment.

Before the Operation / Procedure

1. Must not remove hair by plucking or waxing 2 weeks before treatment.
2. Should avoid excessive sun exposure 4 weeks before treatment.
3. Pregnant ladies, individuals with severe skin allergy and those taking certain oral medications should avoid undergoing IPL hair removal.
4. During therapy a local anesthetic may be used.
5. Multiple sessions of treatment are usually needed to achieve good results.
6. There is no guarantee in the degree of the improvement of this therapy.
7. Taking photographs is required before and after treatment.

After the Operation / Procedure

1. Most of the hair will be reduced after treatment. The remaining hair will be lighter in colour, and finer. You will also notice that hair growth is much slower.
2. Avoid excessive sun exposure.
3. Can return to work immediately. Some people experience mild and transient redness after treatment.

Risk and Complication

1. Risks and complications of treatment include redness, swelling, blisters, scars and pigmentary changes.
2. Hypopigmentation and hyperpigmentation may last 1-3 months or longer, depends on your skin type.

Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

Reference

Hong Kong Baptist Hospital, Leaflet: Skin & Laser Centre

Patient's Label	
Patient Name: _____	
Hospital No: _____	
Adm No/Episode No: _____	

Patient's Signature: _____ Date: _____