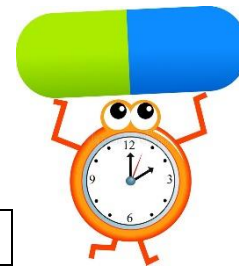


# 服用藥物時間指引

除經醫生特別註明，一般服藥相隔時間如下：



每日一次	每 24 小時 (建議每日於相同時間服/用藥)
每日二次	每 10 - 12 小時一次
每日三次	每 6 - 8 小時一次
每日四次	每 4 - 6 小時一次

- ◇ 「空肚服」〔特別指示除外〕= 飯前半小時至一小時或飯後兩小時服。
- ◇ 「飽肚服」= 進食後半小時內服。
- ◇ 如無註明空肚或飽肚服，飯前或飯後服均可。
- ◇ 「餐前服」= 飯前半小時內服。
- ◇ 服用藥水時，一茶匙 = 5 毫升(5ml)

此資訊只供參考之用。如有任何疑問，請向主診醫生或藥房職員查詢。香港浸信會醫院藥物查詢熱線：2339 8964

## Timing guideline on taking your medication(s)

Unless it is specified by the prescriber, medication(s) is generally taken as follows:

Once daily	Every 24 hours (Preferably at the same time every day)
Twice daily	Every 10 to 12 hours
3 times a day	Every 6 to 8 hours
4 times a day	Every 4 to 6 hours

- ◇ “On an empty stomach” (unless specified otherwise) = At least half to one hour before food or 2 hours after food
- ◇ “After food/meal” = within 30 minutes after eating
- ◇ “Before food/meal” = within 30 minutes before eating
- ◇ If not specified, medication can be taken either before or after food
- ◇ When taking liquid medication, one teaspoon = 5 ml

The above information are for reference only. Please consult your doctor or pharmacy staff if you have any queries. HKBH Drug information hotline: 2339 8964