

Counselling and Patient Support Centre

輔導及病人支援中心

1/F,
Franki Centre,
320 Junction
Road

Introduction

Counselling and Patient Support Centre provides professional and confidential counselling services to the public in need, and provides psycho-social support to patients and carers in need.

Counselling Services

- **Individual, Couple and Family Counselling**
Psychological Counsellors will help clients and their families' members face crisis and difficulties with positive attitudes.
- Emotion & Stress: help clients handle pressure, upset feelings, mild depressive or anxiety emotions, interpersonal relationships etc.
- Marital Relationships: help married couples face issues and adjust to married life.
- Grief & Bereavement: help a bereaved person or family appropriately grieves whilst adjusting to their new life.
- Illness impact/Recovery: help patients and families face illnesses and adjustments after recovery.



- **Pre-marital Counselling**
Psychological Counsellors will arrange assessment and provide counselling to clients, helping them to know each other more deeply and to prepare them for married life.
- Assessment tools: PREPARE/ENRICH program
- Contents of counselling: expectation for marriage, family of origin, personality, communication, conflict, finance, parenting, sexual life, religion etc.
- No. of sessions: 5
- Duration: 75 minutes per session
- Remarks: services includes online assessment, counselling sessions and assessment report

Anxiety weighs down the heart, but a kind word cheers it up.
(Proverbs 12:25)

Patient Support Services(Psycho-social)

Provide psycho-social support to patients and carers in need, to help them acquire appropriate social resources information.

- Social Resources Enquiries: social services and community rehabilitation support information (enquiries by drop-in or phone calls are welcomed).
- Counselling Consultation: help patients and carers in need to understand the family or emotional issues affected by illness, counselling services may be recommended if needed.
- Patient Talks: patient emotional support talks to be held regularly, topics include "Managing anxiety" and "Mental health first aids" etc.

Preventive Education

With our hospital's mission of "providing holistic healthcare and honouring God by serving the needy", we aim to promote holistic healthcare in the community by providing talks invited by different organizations. The topics include emotions/stress management, family/marital relationships, illness/grief, parenting etc. Please contact us for arrangement.

Service Hours (Counselling services by appointment)

Monday - Friday 9:30am – 1:00pm
2:00pm – 6:00pm

Evening Counselling Sessions:
Monday - Wednesday 6:00pm – 8:00pm

Closed on Saturday, Sunday and Public Holidays



香港浸信會醫院
Hong Kong Baptist Hospital
Counselling and Patient Support Centre
1/F, Franki Centre, 320 Junction Road, Kowloon
Telephone: 2339 5812
Fax : 2339 5813
Email : cpsc@hkbh.org.hk
Website : http://www.hkbh.org.hk

