

輔導服務時間 (敬請預約) :

星期一至五 上午9:30至下午1:00  
下午2:00至下午6:00  
下午6:00至晚上8:00  
(適用於星期一至三)

星期六、日及公眾假期休息

Service Hours (by appointment):

Monday - Friday 9:30am – 1:00pm  
2:00pm – 6:00pm  
6:00pm – 8:00pm  
(Monday – Wednesday only)

Closed on Saturday, Sunday and Public Holidays

預約及查詢 :

電話 : 2339 5812  
傳真 : 2339 5813  
電郵 : cpsc@hkbh.org.hk  
網址 : <http://www.hkbh.org.hk>  
地址 : 香港九龍聯合道320號建新中心一樓  
輔導及病人支援中心

Bookings & Enquiries:

Telephone : 2339 5812  
Fax : 2339 5813  
Email : cpsc@hkbh.org.hk  
Website : <http://www.hkbh.org.hk>  
Address : 1/F, Franki Centre, 320 Junction Road, Kowloon  
Counselling and Patient Support Centre



# 婚前輔導

## Pre-marital Counselling

聯合道  
320號

建新中心一樓

1/F,  
Franki Centre,  
320 Junction Road

## 婚前輔導

由心理輔導員為準婚人士提供婚前評估和輔導，促進雙方彼此認識的深度，為婚後生活作出準備。

## 評估工具

PREPARE/ENRICH 婚前問卷評估

## 輔導內容

婚姻期望、原生家庭、性格、溝通、衝突、財務、親子、性生活、宗教等

## 收費 (包括網上問卷、五節面談及報告)

非繁忙時段 (9:30am-6:00pm) HK\$4,010

繁忙時段 (6:00pm後) HK\$4,610

## 服務流程

### ① 網上婚前評估

由準新人各自於網上填寫「婚前關係評估問卷」。評估範疇包括關係的類型、長處和關係須待成長的地方。



### ② 輔導面談(共5節，每節75分鐘)

心理輔導員按著評估問卷得出的關係報告與準新人面談，並以報告內「關係須待成長的項目」為輔導重點。整個婚前輔導完成後，將有一份評估報告給予準新人以作參考。



## Pre-marital Counselling

Psychological counsellors will arrange assessment and provide counselling to about-to-wed couples, helping them to know each other more deeply and to prepare them for married life.

## Assessment tool

PREPARE/ENRICH program

## Contents of counselling

Expectation for marriage, family of origin, personality, communication, conflict, finance, parenting, sexual life, religion etc.

## Service fee

(Includes online assessment, 5 counselling sessions and report)

Non-peak hours (9:30am-6:00pm) HK\$4,010

Peak hours (After 6:00pm) HK\$4,610

## Service details

### ① Online Pre-marital Assessment

Couple completes an online assessment individually, to identify their couple type, strengths as a couple and relationship issues that may need to be grown.



### ② Counselling Session

(5 sessions, 75 minutes each)

Psychological counsellor explains the assessment report to the couple, and helps to address the relationship issues that may need to be grown. A relationship summary report will be provided to couple for reference after the sessions.