

### 輔導服務時間 (敬請預約) :

星期一至五 上午9:30至下午1:00  
下午2:00至下午6:00

下午6:00至晚上8:00  
(適用於星期一至三)

星期六、日及公眾假期休息

### Service Hours (by appointment):

Monday - Friday 9:30am – 1:00pm  
2:00pm – 6:00pm  
6:00pm – 8:00pm  
(Monday – Wednesday only)

Closed on Saturday, Sunday and Public Holidays

### 預約及查詢 :

電話 : 2339 5812  
傳真 : 2339 5813  
電郵 : [cpsc@hkbh.org.hk](mailto:cpsc@hkbh.org.hk)  
網址 : <http://www.hkbh.org.hk>  
地址 : 香港九龍聯合道320號建新中心一樓  
輔導及病人支援中心

### Bookings & Enquiries:

Telephone : 2339 5812  
Fax : 2339 5813  
Email : [cpsc@hkbh.org.hk](mailto:cpsc@hkbh.org.hk)  
Website : <http://www.hkbh.org.hk>  
Address : 1/F, Franki Centre, 320 Junction Road, Kowloon  
Counselling and Patient Support Centre



# 輔導服務

## Counselling Services

聯合道  
320號  
建新中心一樓  
1/F,  
Franki Centre,  
320 Junction Road

### 個人、婚姻及家庭輔導：

心理輔導員協助有需要人士及其家庭成員積極面對危機和生活困難。

情緒壓力：協助有需要人士面對壓力、情緒低落、輕微抑鬱焦慮情緒、人際關係等生活難題。

婚姻關係：協助夫婦面對和調適婚姻關係所遇上的困難。

哀傷處理：為需要專業輔導的喪親者或家庭，提供哀傷輔導，使之能抒解哀傷及適應新生活。

病患適應：幫助患者及家屬面對疾病所帶來的情緒困擾，以及調適癒後生活。

時數：每節50分鐘

	日間時段	繁忙時段
收費*：個別輔導	HK\$580	HK\$690
婚姻/家庭輔導	HK\$690	HK\$810

### 婚前輔導：

為準婚人士提供婚前評估和輔導，促進雙方彼此認識的深度，為婚後生活作出準備。

評估工具：PREPARE/ENRICH 問卷評估

輔導內容：婚姻期望、原生家庭、性格、溝通、衝突、財務、親子、性生活、宗教等

節數：五節

時數：每節75分鐘

收費\*：日間時段 \$3,360；繁忙時段 \$3,860  
(包括網上問卷、面談及報告)

\*日間時段：9:30am-6:00pm；繁忙時段：6:00pm後



### Individual, Couple and Family Counselling:

Psychological Counsellors will help clients and their families' members face crisis and difficulties with positive attitudes.

Emotion & Stress: help clients handle pressure, upset feelings, mild depressive or anxiety emotions, interpersonal relationships etc.

Marital Relationships: help married couples face issues and adjust to married life.

Grief & Bereavement: help a bereaved person or family appropriately grieves whilst adjusting to their new life.

Illness impact/Recovery: help patients and families face illnesses and adjustments after recovery.

Duration: 50 minutes per session

	Daytime	Peak hours
Fee*: Individual Counselling	HK\$580	HK\$690
Couple/Family Counselling	HK\$690	HK\$810

### Pre-marital Counselling:

Psychological Counsellors will arrange assessment and provide counselling to clients, helping them to know each other more deeply and to prepare them for married life.

Assessment tools: PREPARE/ENRICH program

Contents of counselling: Expectation for marriage, family of origin, personality, communication, conflict, finance, parenting, sexual life, religion etc.

No. of sessions: 5

Duration: 75 minutes per session

Fee\*: Daytime \$3,360；Peak hours \$3,860  
(including online assessment, counselling sessions and report)

\*Daytime: 9:30am-6pm；Peak hours: after 6:00pm