



Procedure Information Sheet

Introduction

Some benign lesions or different types of lesions may arise from skin or underneath it. Common skin lesions of face or body include nodules, epidermal cysts or moles etc. A skin cut of the lesion will be taken and send for the pathology.

Indication

- Skin nodule.
- Epidermal cyst.
- Skin mole.
- Skin tag.
- Common small lump such as: sebaceous cyst, fibroma, lipoma, mass, naevus and warts etc.

Before the Operation / Procedure

1. General, local or other anesthesia may be required for the purpose of the operation.
 - 1.1 A written consent is required.
 - 1.2 You should inform your doctor all your current medication, including anti-coagulant or Chinese herbs which may decrease the risk of bleeding when stop before operation.
2. If the procedure is done at Skin Centre
 - 2.1 The number of operation depends on the condition of wound scar and the desired improvement.
 - 2.2 Photos will be taken before and after treatment to monitor progress.
 - 2.3 There is no guarantee of any scar formation or degree of improvement after the treatment.
 - 2.4 Recurrence may occur. Repeated operations or treatment may be needed if necessary.

After the Operation / Procedure

1. Atrophic scar, hypertrophic scar, hypopigmentation and hyperpigmentation may appear in the wound site or the treated area. The discoloration may last 1 – 3 months or longer.
2. Keep the dressing intact and keep the wound clean and dry.
3. May need pain killer according to doctor's prescription.
4. Consult doctor if excessive bleeding, severe pain or get worse.
5. Follow up for stitches removal if necessary.

Risk and Complication

1. Scaring and pigmentation change may be occurred in different skin condition.
2. Exposure to ultraviolet light may increase darkening of the scar. Do not take sun-bathe or use sun bed and wound area avoid exposure in the midday sun.
3. Redness, swelling, tenderness and purulent discharge may occur in wound area.
4. Bleeding, fever or wound disruption may occur rarely.

Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

Reference

Smart Patient Website by Hospital Authority: Surgery for Benign Facial Lesions (2017)

Patient's Label

Patient Name: _____

Hospital No: _____

Episode No: _____

Patient's Signature: _____ Date: _____