



Procedure Information Sheet

Introduction

Blue Light is used for treating acnes. It works by killing bacteria that causes acne, curbing sebaceous glands and thus prevents acne formation.

Indications

- Acne

Before the Operation / Procedure

1. The procedure is usually painless but there might be minor tingling, the procedure time is around 15 minutes.
2. It is best to combine with other treatment modalities such as medications or microdermabrasion.
3. Multiple treatments are usually required for improvement and total clearance may not be possible.
4. Clinical results vary and there is no guarantee to the final outcome of the treatment.
5. Recurrence is possible.
6. Photographs will be taken before and after the procedure.

After the Operation / Procedure

1. Routine skin care may be resumed after treatment.

Risks and Complications

1. Redness, swelling, blistering, infection, scarring and hyperpigmentation.
2. Hyperpigmentation may last for 1-6 months or longer, depends on your skin type.

Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

Reference

1. Ablon G. Phototherapy with Light Emitting Diodes: Treating a Broad Range of Medical and Aesthetic Conditions in Dermatology. J Clin Aesthet Dermatol. 2018;11(2):21–27.
2. A F Taub. Procedural treatments for acne vulgaris. Derm Surg 2007.33(9):1005-1026

Patient's Signature: _____ Date: _____

Patient's Label
Patient Name: _____
Hospital No: _____
Episode No: _____