



## Procedure Information Sheet

### Introduction

A small hysteroscope is inserted into the uterine cavity through vagina and cervix to remove fibroids / polyps.

### Indication

- Submucosal uterine fibroids and endometrial polyps.
- Abnormal uterine bleeding / Distortion of uterine cavity.

### The Operation / Procedure

1. General anaesthesia / regional anaesthesia
2. Dilatation of cervix
3. Passage of resectoscope
4. Glycine / normal saline to distend the uterine cavity
5. Resection of the pathology under direct vision
6. All tissue removed will be sent to the Department of Pathology or disposed of as appropriate unless otherwise specified
7. Other associated procedures which may become necessary during the procedure like blood transfusion

### Before the Operation / Procedure

1. A written consent is required
2. Keep fast 6hrs before operation
3. Cervical priming with cytotec
4. Take off all clothes (including underwear) and things such as denture · jewelry and contacted lens, then put on operation gown.
5. Empty urinary bladder before operation

### After the Operation / Procedure

1. Patient who have undergone general anaesthesia may have fatigue, nausea or vomiting. If the symptoms persisted or aggravated, please inform health care providers
2. May have some vaginal spotting in the first 2 weeks after the operation
3. In patients of reproductive age, period would return after effect of preoperative medication wears off

<p><b>Patient's Label</b>          Patient Name: _____          Hospital No: _____          Episode No: _____</p>
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**Risks and Complications**

1. Anaesthetic complications
2. Side effects from the drug used for cervical priming such as nausea, vomiting, diarrhoea, fever, asthmatic induced and allergy.
3. Bleeding, may need blood transfusion
4. Pelvic infection
5. Cervical tear
6. Perforation of uterus with or without damage to adjacent organ. Laparotomy exploration or repair may be required
7. Fluid overload
8. Excision may be incomplete and further operation may be required
9. Recurrence

**Alternative Treatment**

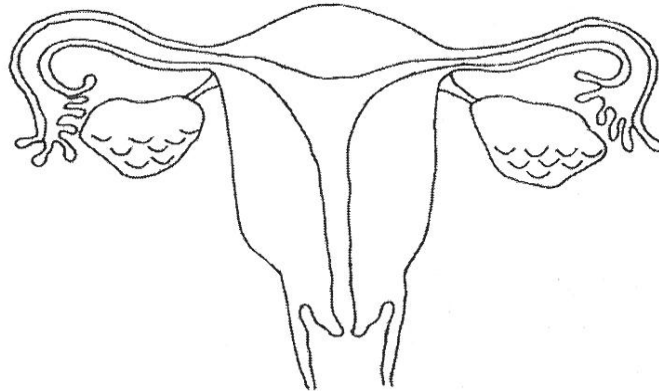
Hysterectomy

**Disclaimer**

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

**Reference**

Department of Obstetrics & Gynaecology, United Christian Hospital, Pre-operative Information Sheet: Hysteroscopic Excision of Fibroids / Polyps (2017)



**Patient's Label**  
 Patient Name: \_\_\_\_\_  
 Hospital No: \_\_\_\_\_  
 Episode No: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_