



## Procedure Information Sheet

### Introduction

Myomectomy is the removal of fibroids through an incision in the abdomen

### Indication

Heavy menstrual flow, pelvic or abdominal mass, pressure symptoms

### The Operation / Procedure

1. General anaesthesia
2. Peritoneal cavity entered
3. Incision over the fibroid(s) and removed
4. Uterine wound closed
5. Abdominal wound closed
6. All tissue removed will be sent to the Department of Pathology or disposed of as appropriate unless otherwise specified

### Before the Operation / Procedure

1. A written consent is required
2. Keep fast 6 hours before operation
3. Pubic hair shaving may be required
4. Take off all clothes (including underwear) and things such as denture, jewelry and contacted lens, then put on operation gown
5. Empty urinary bladder before operation

### After the Operation / Procedure

1. Patient who have undergone general anaesthesia may have fatigue, nausea or vomiting. If the symptoms persisted or aggravated, please inform health care providers
2. Can get pregnant but there is risk of uterine rupture
3. Fertility may be affected
4. May need caesarean section in future pregnancy

### Risks and Complications

1. Anaesthetic complications
2. Bleeding, may need blood transfusion
3. Injury to neighboring organs especially the bladder, ureters, bowels or blood vessels by way of burn and /or puncture, formation of a fistula, requiring a necessary procedure to repair and / or future surgery
4. Need for a colostomy or a second operation to repair, any of the above injuries
5. Possible removal of uterus
6. Procedure may not be feasible in case of adenomyosis or fibroid not identifiable because of small size / too deep seated
7. Pelvic infection

<b>Patient's Label</b>
Patient Name: _____
Hospital No: _____
Episode No: _____



- 8. Wound complications including infection and hernia
- 9. Deep vein thrombosis
- 10. Possible adverse effect on future fertility because of adhesion
- 11. Up to 30% of patients may require another operation for recurrence in 10 years

### Alternative Treatment / Investigation

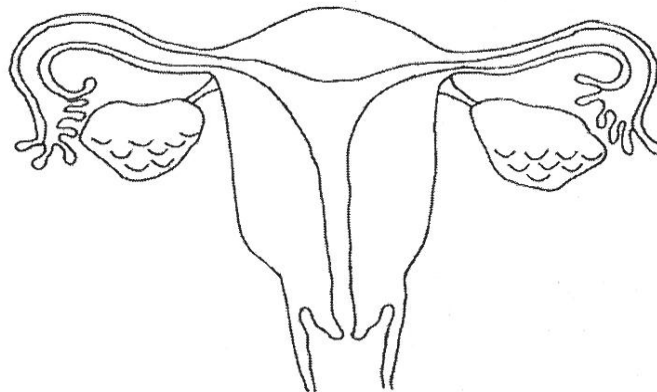
- Non-surgical treatment including observation or medical treatment
- Hysterectomy
- Uterine fibroid embolisation
- Laparoscopic/vaginal/hysteroscopic approach

### Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

### Reference

Department of Obstetrics & Gynaecology, United Christian Hospital, Pre-operative Information Sheet: Abdominal Myomectomy (2017)



<b>Patient's Label</b>	
Patient Name: _____	
Hospital No: _____	
Episode No: _____	

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_