



Procedure Information Sheet

Introduction

Excision of neck mass

Indication

Surgical removal of a neck mass for diagnosis

The Operation / Procedure

1. Neck incision
2. Excision of the neck mass
3. Closure of wound

Before the Operation / Procedure

1. Inform doctor of any medical condition e.g. diabetes mellitus, heart disease, hypertension and any regular medication, including herbs and dietary supplement.
2. Stop food and drink if needed as instructed by doctor or nurse
3. Other special preparation or investigation before the procedure
4. Intended benefits and expected outcome
 - 4.1 Complete removal of the disease
 - 4.2 Obtain tissue for histological diagnosis
5. Conditions that would not be benefited by the procedure
 - 5.1 Lesions that cannot be cured by just surgery alone

After the Operation / Procedure

1. Drainage tube may be inserted
2. Head is elevated to reduce bruising and swelling
3. Normal diet may be resumed when condition is stable
4. Mild pain
5. Keep wound clean and dry
6. See the doctor as scheduled
7. Seek immediate medical attention if you have any excessive bleeding, collapse, severe pain, fever or sign of wound infection

Patient's Label

Patient Name: _____

Hospital No: _____

Episode No: _____



Risk and Complication

1. There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.
2. Common risks and complications (\geq 1% risk)
 - 2.1 Bleeding
 - 2.2 Infection
 - 2.3 Shoulder pain and weakness
 - 2.4 Numbness of neck skin
 - 2.5 Hypertrophic scar or keloid formation
3. Uncommon risks with serious consequences ($<$ 1% risk)
 - 3.1 Skin necrosis
 - 3.2 Nerve injury
 - 3.3 Pneumothorax
 - 3.4 Chyle leakage
 - 3.5 Lymphedema
4. Consequences of no treatment
 - 4.1 Continued growth of lesion
 - 4.2 Possibility of missing malignant condition

Alternative Treatment / Investigation

Watchful waiting

Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

Reference

Smart patient website by Hospital Authority: Excision of Neck Mass (2/2020)

Patient's Label
 Patient Name: _____
 Hospital No: _____
 Episode No: _____

Patient's Signature: _____ Date: _____