



Procedure Information Sheet

Introduction

1. Examination of the larynx and adjacent areas
2. Biopsy or excision of suspicious lesions
3. Provision of access for other throat and laryngeal procedure

Indication

Lesions in the larynx and related area

The Operation / Procedure

1. The operation is done under general anaesthesia
2. A laryngoscope is inserted into your throat and the area is examined with microscope or endoscope
3. Appropriate procedure will then be performed

Before the Operation / Procedure

1. Inform your doctor of any medical condition and any medication you are taking. The medications may need to be adjusted as appropriate.
2. Intended benefits and expected outcome
 - 2.1 Improve the voice quality
 - 2.2 Relieve airway obstruction
 - 2.3 Obtain biopsy for histology
 - 2.4 Excise lesion in selected cases
 - 2.5 There is chance of incomplete removal of diseases and recurrence
3. Conditions that would not be benefited by the procedure
 - 3.1 Functional voice disorders

After the Operation / Procedure

1. There may be throat discomfort after the operation which usually improves after a few days. You may have to rest your voice as instructed.
2. See the doctor as scheduled

Patient's Label

Patient Name: _____

Hospital No: _____

Episode No: _____



Risk and Complication

1. There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.
2. Common risks and complications ($\geq 1\%$ risk)
 - 2.1 Bleeding
 - 2.2 Pain
 - 2.3 Infection
 - 2.4 Trauma to oral tissue
3. Uncommon risks with serious consequences ($< 1\%$ risk)
 - 3.1 Teeth injury causing loosening, fracture and pain.
 - 3.2 Temporomandibular joint injury causing pain, trismus and subluxation.
 - 3.3 Voice changes
 - 3.4 Upper airway obstruction
 - 3.5 Postoperative pulmonary edema
 - 3.6 Cervical spine injury
 - 3.7 Loss of taste (temporary or permanent)
 - 3.8 Death due to serious surgical and anaesthetic complications
4. Consequences of no treatment
 - 4.1 No histological diagnosis
 - 4.2 Progression of disease

Alternative Treatment / Investigation

1. Expectant treatment
2. Medical treatment
3. Speech therapy
4. Radiotherapy/Chemotherapy in malignant condition

Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

Reference

Smart Patient Website by Hospital Authority: Direct Laryngoscopy / Microlaryngoscopy (2/2020)

Patient's Label
 Patient Name: _____
 Hospital No: _____
 Episode No: _____

Patient's Signature: _____ Date: _____