



## Procedure Information Sheet

### Introduction

To straighten a deviated nasal bone due to recent injury

### Indication

- Nasal obstruction attributed by a recently deviated nasal bone
- Cosmetic deformity due to a recently deviated nasal bone

### The Operation / Procedure

1. Reposition nasal bone
2. Apply external nasal splint to support the nasal bone

### Before the Operation / Procedure

1. Inform doctor of any medical condition e.g. diabetes mellitus, heart disease, hypertension and any regular medication, including herbs and dietary supplement.
2. Stop food and drink if needed as instructed by doctor or nurse
3. Other special preparation or investigation before the procedure
4. Intended benefits and expected outcome
  - 4.1 Reduce nasal obstruction
  - 4.2 Improve nasal deformity attributed by deviated nasal bone
5. Conditions that would not be benefited by the procedure
  - 5.1 Nasal obstruction not caused by deviated nasal bone

### After the Operation / Procedure

1. May need analgesic for postoperative pain or discomfort
2. Mild transient epistaxis may occur, please attend the nearby emergency department if bleeding persists.
3. Sleep in slightly head up position may help reduce postoperative oedema
4. Do not blow nose
5. After the procedure, avoid rigorous exercise or control sports for few weeks.

#### Patient's Label

Patient Name: \_\_\_\_\_  
Hospital No: \_\_\_\_\_  
Episode No: \_\_\_\_\_



### Risk and Complication

1. There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.
2. Common risks and complications
  - 2.1 Bleeding
  - 2.2 Persistent nasal obstruction
  - 2.3 Infection
  - 2.4 Nasal adhesion
  - 2.5 Septal haematoma
  - 2.6 Persistent nasal deformity
3. Uncommon risks with serious consequences (< 1% risk)
  - 3.1 Toxic shock syndrome if nasal packing is used
  - 3.2 Death due to serious surgical and anaesthetic complications
4. Consequences of no treatment
  - 4.1 Persistent nasal obstruction
  - 4.2 Persistent nasal deformity

### Alternative Treatment / Investigation

Expectant treatment

### Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

### Reference

Smart patient website by Hospital Authority: Closed Reduction of Nasal Fracture (2/2020)

**Patient's Label**  
 Patient Name: \_\_\_\_\_  
 Hospital No: \_\_\_\_\_  
 Episode No: \_\_\_\_\_

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_