



Procedure Information Sheet

Introduction

1. Incision and drainage of fluid / blood from pinna
2. Stitching of cotton swabs or button / dental roll over the wound to prevent recollection of fluid / blood

Indication

- Haematoma auris
- Perichondrial effusion

The Operation / Procedure

1. Local anaesthesia / General anaesthesia
2. Incision over the swelling
3. Drain fluid from affected area
4. Haemostasis
5. Stitch cotton swabs or button / dental roll to prevent fluid recollection

Before the Operation / Procedure

1. Inform doctor of any medical condition e.g. diabetes mellitus, heart disease, hypertension and any regular medication, including herbs and dietary supplement.
2. Stop food and drink if needed as instructed by doctor or nurse
3. Other special preparation or investigation before the procedure
4. Intended benefits and expected outcome
 - 4.1 Quick relief of swelling and pain in pinna
 - 4.2 Prevention of pinna deformity
5. Conditions that would not be benefited by the procedure
 - 5.1 Pinna swelling that is not due to fluid / blood collection

After the Operation / Procedure

1. Cotton swab or button / dental roll are removed after a week
2. Discharge home after the procedure
3. Arrange follow up for removal of cotton swabs or button / dental roll
4. Keep wound clean and dry
5. Resume normal activity
6. Seek medical attention when there is severe bleeding, wound swelling or discharge, pain, fever or chills.

Patient's Label

Patient Name: _____

Hospital No: _____

Episode No: _____



Risk and Complication

1. There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.
2. Common risks and complications ($\geq 1\%$ risk)
 - 2.1 Recollection of fluid / blood
 - 2.2 Bleeding
 - 2.3 Infection
 - 2.4 Scar / keloid
3. Uncommon risks with serious consequences ($< 1\%$ risk)
 - 3.1 Pinna deformity
 - 3.2 Skin ischaemia/necrosis
 - 3.3 Perichondritis
4. Consequences of no treatment
 - 4.1 Infection
 - 4.2 Pinna deformity

Alternative Treatment / Investigation

1. Repeated aspiration
2. No treatment

Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

Reference

Smart patient website by Hospital Authority: Buttoning (Incision and drainage of fluid from pinna) (2/2020)

Patient's Label
Patient Name: _____
Hospital No: _____
Episode No: _____

Patient's Signature: _____ Date: _____