



Procedure Information Sheet

Introduction

Microdochectomy is defined as surgical procedure to remove the breast duct that produces abnormal nipple discharge.

Indication

Abnormal Nipple Discharge (for example bloody nipple discharge).

The Operation / Procedure

1. The operation is usually performed under GA (General Anesthesia) or MAC (Monitored Anaesthetic Care).
2. A probe will be placed into the discharging ducts to locate the source of nipple discharge.
3. Blue dye may be used to stain the abnormal duct.
4. Periareola incision is commonly used.
5. Duct will be send to the laboratory for final pathology after excision.

Before the Operation / Procedure

1. Remove nail polish and jewellery and avoid treasures before admission.
2. Bring along personal belongings like slipper, pajamas etc.
3. Admit same day or one day before operation for routine checkup as prescription and sign "Consent for Procedure" after explanations given by case surgeon.
4. Will meet Anesthetist for pre-operative assessment and sign "Consent for Anesthesia".
5. Skin preparation for shampooing and bathing.
6. Wear operation gown and empty the bladder before transfer to Operation Theater.

After the Operation / Procedure

1. Vital sign monitoring and wound observation.
2. Encourage for deep breathing exercise after general anesthesia.
3. Inform nurse when feeling of nausea, vomiting or wound pain. Antiemetic and pain killer can be taken as necessary if prescribed by doctor.
4. Dressing on the wound would be changed after wound inspection by surgeon. Please inform duty nurse if you feel uncomfortable or discharge from the wound.
5. Resume normal diet according to doctor instruction.
6. It is advisable to wear a comfortable bra with good support.
7. Restart daily activity as usual according to doctor permission.

<p>Patient's Label Patient Name: _____ Hospital No: _____ Episode No: _____</p>



Risk and Complication

1. Wound pain.
2. Wound infection.
3. Bruising over wound surrounding skin (usually it is minor & don't need any further treatment).
4. Haematoma (may need re-operation for clot evacuation).
5. Decrease nipple sensation.
6. Receive a second operation of re-excision or further surgery if the pathology report show malignancy.

Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

Reference

1. National Health Services, Information Sheet: Microdochectomy (Breast Duct Excision) (10/2014)
2. Specialty Advisory Group (Breast) by Hospital Authority: Microdochectomy (2017)

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Patient's Signature: _____ Date: _____