



Procedure Information Sheet

Introduction

Excision of Breast Lump is defined as surgical procedure to remove a lesion in the breast. The lesion can present as lump, cyst, fibroadenoma or suspicious mass. For suspicious lesion, usually, it will be removed with clear margin. However, if pathology finally showed margin involvement, another subsequent excision for clear margin or Mastectomy is required.

Indication

1. Benign lesion such as lump, cyst, fibroadenoma
2. Suspicious lesion

The Operation / Procedure

1. The operation is usually performed under G.A. (General Anesthesia) or MAC (Monitored Anaesthetic Care), breast lesion will be picked up by means of palpation, ultrasound or Hook Wire Localization method.
2. Specimen Mammogram may be needed for confirmation.
3. Lesion will be send to the laboratory for final pathology after excision.

Before the Operation / Procedure

1. Remove nail polish and jewellery and avoid treasures before admission.
2. Bring along personal belongings like slipper, pajamas etc.
3. Admit same day or one day before operation for routine checkup as prescription and sign "Consent for Procedure" after explanations given by case surgeon.
4. Will meet Anesthetist for pre-operative assessment and sign "Consent for Anesthesia".
5. Skin preparation for shampooing and bathing.
6. Wear operation gown and empty the bladder before transfer to Operation Theater.

After the Operation / Procedure

1. Vital sign monitoring and wound observation.
2. Encourage for deep breathing exercise after general anesthesia.
3. Inform nurse when feeling of nausea, vomiting or wound pain. Antiemetic and pain killer can be taken as necessary if prescribed by doctor.
4. Wound cover by dressing and it would be changed after wound inspection by surgeon, informs duty nurse for any abnormality from the wound.
5. Resume normal diet and remove the intravenous infusion according to doctor prescription.
6. Restart daily activity as tolerate and breathing exercise according to doctor permission.

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Risk and Complication

1. Wound pain.
2. Wound infection.
3. Haematoma (may need re-operation for clot evacuation).
4. Scarring or Keloid.
5. Receive a second operation of re-excision or further surgery if the pathology report show malignancy.

Alternative Treatment / Investigation

Mammotome for benign breast lesion.

Disclaimer

This leaflet only provides general information pertaining to this operation / procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Please contact your doctor for detailed information and specific enquiry.

Reference

1. Smart Patient Website by Hospital Authority: Breast Lump Excision (2017)
2. Specialty Advisory Group (Breast) by Hospital Authority: Excision of Breast Lump (2017)

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Patient's Signature: _____ Date: _____