

Paediatric and Adolescent Centre

兒童及青少年科中心



And Jesus took the children in his arms, put his hands on them and blessed them. *Mark 10:16*

Introduction

Managed by Resident Consultants in Paediatrics and a Clinical Psychologist, the Hong Kong Baptist Hospital Paediatric and Adolescent Centre provides holistic clinical services for children and adolescents (0-18 year-old). Apart from the provision of specialized outpatient services, we aim to assist the children and their families in understanding and coping with difficulties, obstacles and changes that they encounter through comprehensive assessment and treatment, so as to help the children realise their full potential.

Scope of Services

- Paediatric specialized outpatient services
- Assessment and treatment services for children and adolescents with behavioural and emotional disorders
- Paediatric and adolescent developmental assessment
- Clinical psychological services
- Polysomnography test for paediatric obstructive sleep apnoea
- Diagnosis and treatment services for paediatric allergic disorders

Diagnosis, Assessment and Treatment

Assessment and treatment services for children and adolescents with developmental, emotional and behavioural disorders

Our assessment and treatment services for children and adolescents with developmental, emotional and behavioural disorders are provided by experienced paediatricians. The scope of services includes:

- Developmental disorders (e.g. developmental delay, fine and gross motor problems or speech disorders)
- Autism or social and communication deficits
- Attention deficit / hyperactivity disorder
- Emotional and behavioural disorders of children and adolescents
- Specific learning difficulties
- Children and adolescent eating disorders (e.g. Anorexia or Bulimia)
- Paediatric cognitive assessment and assessment for gifted child

Paediatric Developmental Assessment

Through systematic assessment tools, children are assessed in six main areas, including gross motor; fine motor; language, cognitive, social and self care aspects.

Griffiths Mental Developmental Scale

Reynell Language Developmental Scale

Symbolic Play Test

Autism or Social and Communication Deficits Assessment

Autism Diagnostic Observation Schedule

Autism Diagnostic Interview – Revised

Assessment report will be provided for both Paediatric Developmental Assessment and Autism or Social and Communication Deficits Assessment. To shorten the waiting time, referral for government integrated program in child care centre (Early Education Training Centre / Integrated Programme in Child Care Centre / Special Child Care Centre) or other training centres would be arranged by our paediatrician when appropriate.

Attention Deficit / Hyperactivity Disorder Assessment and Treatment

Questionnaires including Child Behaviour Checklist and Teacher's Report Form

Attention Deficit Hyperactivity Disorder Assessment

Conners Continuous Performance Test – II

Medical or behavioural treatment will be offered according to the assessment results.

Child and Adolescent Developmental, Emotional and Behavioural Assessment

Physical Check-up (including growth and basic developmental assessment)

Emotional and Behavioural Assessment, assessment tools include:

- Paediatric Symptom Checklist
- Child Behaviour Checklist for ages 6 - 18 years old
- Youth Self Report for ages 11 - 18 years old

Adolescent Developmental Assessment

- HEADSS Assessment is used to assess the adolescent developmental stages and the psychosocial wellbeing

Notes: Selection of assessment tools for all the above assessments depends on individual cases. Treatment or arrangement for referral services will be provided according to the assessment results.

Clinical psychological services

Apart from Resident Consultants in Paediatrics, our team also includes an experienced clinical psychologist who provides clinical psychological services, standardized intellectual assessments and tests for specific learning difficulties in reading and writing.

Diagnosis and treatment services for paediatric allergic disorders

We offer assessment, diagnosis, treatment and follow up to common paediatric allergic disorders such as asthma, allergic rhinitis, eczema, urticaria and food allergy. Investigations including skin allergic test and specific IgE testing are provided to help the diagnosis of the aforementioned diseases.



* For referral cases, please call our Paediatric and Adolescent Centre for more information.

Service Hours (By appointment only)

Monday - Friday	10:00 am - 12:30 pm 3:30 pm - 6:30 pm
Saturday	10:00 am - 12:30 pm
Closed on Sunday and Public Holidays	

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