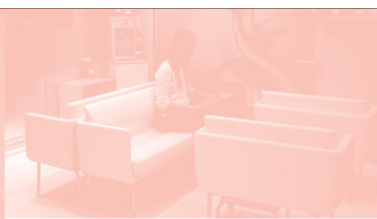


# Fraxel Laser

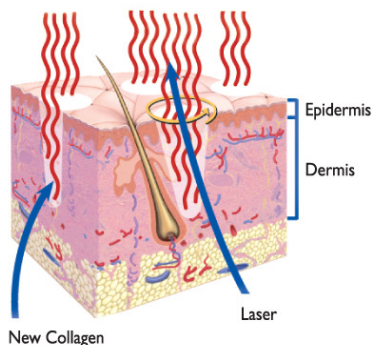
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### Introduction

Fraxel laser uses microscopic laser columns to penetrate deep into dermis to create tiny wounds, which trigger body's natural response system to heal those wounds. This process expedites the body's remodeling of collagen and elastin, which results in tighter, fresher, more youthful-looking skin. The treatment is so precise that the laser targets only a fraction of skin at a time, leaving the surrounding tissue intact for fast healing.

The fractional system treats by resurfacing 15-20% of skin during each session. Therefore, multiple treatments are expected to achieve optimal results. Normally 5 treatments at a 2-4 weeks interval would be suggested. Number of treatment varies with different situation. Optimal improvement is usually visible in about two to three months.



### Indication

Fraxel laser procedure could be applied to face including areas around eyes as well as neck, chest and hands. The treatment helps:

- Smooth acne scars
- Improve enlarged pores
- Improve skin tone
- Smooth surgery scars
- Reduce fine lines
- Improve pigment irregularities

### Procedure

A topical anesthetic ointment is applied on cleansed skin before the laser treatment, which lasts about 10 minutes for a full face.

In an initial consultation, your physician will determine the best Fraxel laser treatment plan for your desired results. Try to avoid sunlight or spa for a month prior to treatment. If you are taking prescribed medication, pregnant or sensitive to light, consult your doctors for advice. It is strongly suggested that you do not use medication with Retin-A for 2 weeks prior to the treatment.

It should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight.

[1 Peter 3:4]

### Treatment and Aftercare

You might feel some degree of burning sensation after the treatment. If redness persists, cold compress could be used to relieve discomfort.

Swelling or pinkish tone appears within 5-7 days after the treatment during new epidermal skin develops. Swelling is minimal and generally resolves in 2-3 days. Be gentle with your cleansing while moisturizing and sun protection are as important.

### What Happens After Treatment

As your new epidermal skin develops the process of skin repair involves:

- **Bronzing**  
Your skin will have a bronze appearance that lasts anywhere from 3-14 days, depending on the treatment level.
- **Flaking**  
Your skin will naturally and vigorously exfoliate as the reorganized epidermal skin replaces dead tissue. Flaking is similar to that of minor sunburn. Use of moisturizer will mask the appearance of flaking.
- **Sunscreen**  
Use sunscreen at least twice daily to protect your skin from sun exposure during the healing phase and for several months after treatment. Apply moisturizing sun block with an SPF of at least 30-plus. For added protection from sunlight, use wide-brimmed hats.
- **Maintenance**  
Fraxel helps repair aging and sun-damaged skin, though adopting a healthy life style and using sun protection are critical to a healthy skin regime.

\* Result may vary. Please consult your doctor in advance.

### Service Hours (By appointment only)

Monday to Friday 10:00 am to 6:00 pm  
Saturday 10:00 am to 5:00 pm  
Closed on Sunday and Public Holidays



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