

Breast Care Centre

乳房健康中心

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Introduction

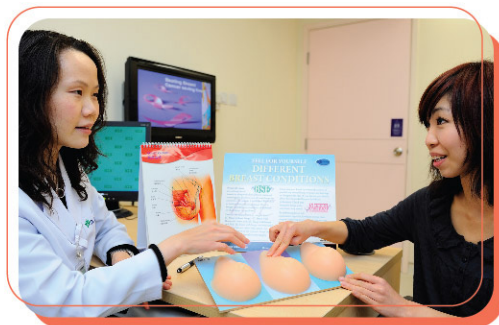
Breast cancer is the most common female cancer in Hong Kong, it is estimated that one in every 21 women* has breast cancer. Moreover, there is an increasing incidence of breast cancer among the younger age group. Hong Kong Baptist Hospital thus opens the Breast Care Centre with a view to actively promoting breast health and providing holistic care to patients.

With a collaborative team comprising experienced specialists in surgery, oncology, radiology, pathology and plastic surgery, breast care advanced practice nurses, chaplains and breast cancer patient support group, we are dedicated to providing expert screening, diagnosis, disease management, pre- and post-operative care as well as counseling through a multidisciplinary approach.

Scope of Services

The earlier the breast cancer is diagnosed, the simpler the treatment and the higher the recovery chance. Women are advised to exam their breasts regularly to get familiar with the usual look and feel of them. If any changes like lump, change in size or shape of the breast or nipple, discharge from nipple or unusual pain are noticed, please consult doctor without delay.

* According to the 2008 statistics published by Hong Kong Cancer Registry, Hospital Authority.



And now these three remain: faith, hope and love. But the greatest of these is love.

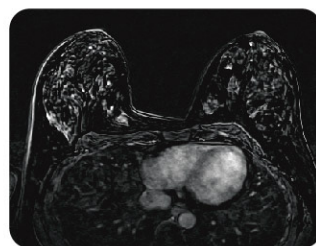
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Screening

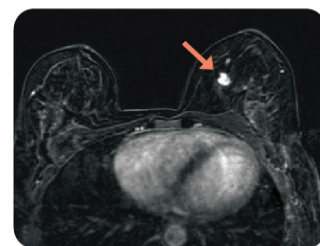
Screening is recommended in the detection and diagnosis of breast cancer in early stage. The Centre is equipped with a range of sophisticated imaging machines, including Full Field Digital Mammography, Ultrasound and Magnetic Resonance Imaging (MRI) for screening breast cancer. Screening by these advanced technologies and analysis by our experienced radiologists ensure an accurate diagnosis of conditions in early stage.



Mammography



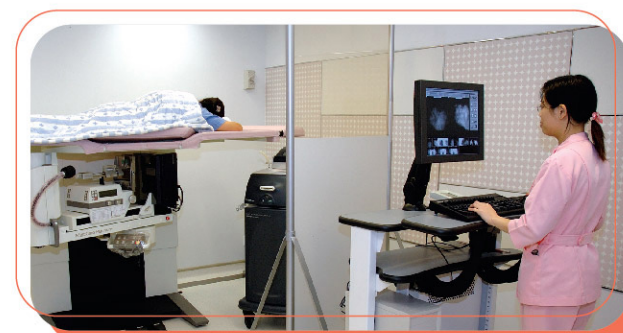
MRI shows normal breast tissue



Suspicious breast mass is clearly demonstrated by MRI

Investigations and Diagnosis

Various latest investigation modalities including fine needle aspiration, core biopsy, Mammotome® and hookwire localization biopsy are available. Prompt selection and arrangement of the most suitable modalities are conducted to meet the special needs of each patient.



Prone Table Stereotactic system

Treatment

Benign Breast Conditions

One-stop diagnosis, treatment and advice are available to patients who have benign breast conditions like including fibroadenoma, cysts, breast pain and so forth.

Breast Cancer

In general, most of the lumps (around 90%) in breasts are benign*, some are yet malignant which grow in an uncontrolled way and damage normal breast tissues. Cancer may also spread to the other parts of the body through blood or lymph vessels.

We emphasize on holistic care with the adoption of multidisciplinary approach. A prompt management plan, which consists of pre-operative counseling, surgery, reconstruction, adjuvant therapy, wound care, physiotherapy and surveillance program, is tailor-made for each patient by our experienced specialists on a timely basis.

Breast problem is a common yet unique disease that requires comprehensive and specialized care. We strive to provide quality service and holistic care to meet the physical and psychological needs of patients and their families.

* Reference: Hong Kong Cancer Fund's "PINK REVOLUTION" breast cancer awareness website (<http://www.cancer-fund.org/pink2009/>)

Education

Breast health awareness is of paramount importance in preventing and combating breast cancer, therefore we proactively provides essential information and education as well as organizing health talks to promote breast health.



* For referral cases, please call our Breast Care Centre for more information.

Service Hours (By appointment only)

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| Monday, Tuesday, Wednesday & Friday | 10:00am - 1:00pm 3:00pm - 6:00pm |
| Thursday | 10:00am - 1:00pm |
| Saturday | 10:00am - 4:00pm |
| Closed on Sunday & Public Holidays | |

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