**Topic:** Holistic Care - Managed Holistic Care of Breast Cancer Patient

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**Biography:**  
Ms Polly CHEUNG certified as Registered Nurse in Hong Kong Nursing Council in 1992 and received her MBA (Health Service) from Ballarat University Australia in 2005. She had worked mainly in Department of Surgery of different public hospitals in Hong Kong. She is currently working as Advanced Practice Nurse (APN) and nurse in-charge of the Breast Care Centre of Hong Kong Baptist Hospital.

Ms CHEUNG has been worked in breast care since 2006 and received specialist breast care nurse training in the Royal Free Hospital, UK in 2008. She is a fellow of the Provisional Hong Kong Academy of Nursing in the specialty of Surgery-Breast. She is also an active member of Special Advisory Group (Breast Care) in Hospital Authority and member of Australasian Lymphology Association for Lymphoedema Management.

Ms CHEUNG also a coordinator of the Patient Support Group in Hong Kong Baptist Hospital so as to promote continue and survivorship care to patient and family with post breast cancer treatment.

**Abstract:**
Breast cancer is the top woman cancer in the world and in Hong Kong. It is estimated that one in every 19 women have breast cancer (Hospital Authority 2010) and the incidence is increasing among the younger age group. Breast cancer is considered a most frightening experience a woman could have. The woman may be emotionally distressed upon learning the diagnosis of this potentially fatal and disfiguring disease. Even after the battle is ‘won’, the disease may continue to haunt their lives as a chronic illness carrying risk of relapse.

Hong Kong Baptist Hospital Breast Care Centre (BCC), founded in 2010, aimed to promote breast health and provide coordinated holistic nursing care to breast cancer patients and their families.

The multi-modality treatment plan is first worked out between a multi-specialty team (breast surgeon, oncologist, pathologist, radiologist etc) with the consent of the fully informed patient. Then and only then, the long journey of treatment, rehabilitation and survivorship care begins. The patient not uncommonly will encounter many and varied physical, psycho-social and spiritual needs at different stages of the journey. Working with the attending doctor(s), the nurse at the BCC will deploy (manage) resources (breast care nurse, wound care nurse, physiotherapist, dietitian, chaplain, patient support group etc) to meet those needs.

Breast cancer care is more than task based nursing care, but a continuing process that would only be done well by designated manager in a holistic manner with a caring heart.