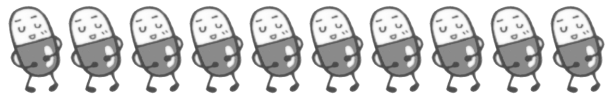




## How to use your medicine



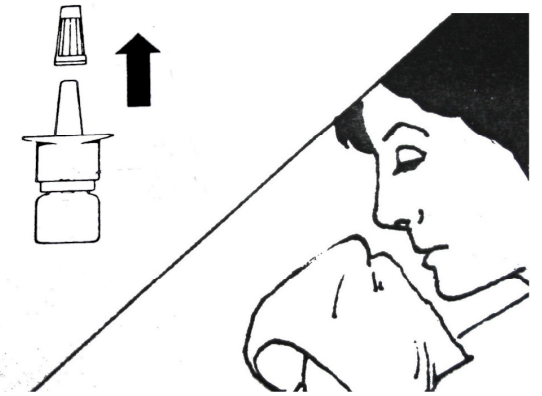
## Nasal Spray



**(1) Wash hands.**



**(2) Before using, gently blow your nose to clear your nostrils. (To prepare for use, first shake the bottle and hold as shown. If you are using for the first time or have not used the spray for a week or more, test by spraying into the air until the jet appears as a fine mist.)**



**(3) To use, close one nostril by placing your thumb over the opening. Insert the nosepiece into the other nostril. Whilst you breath in gently, press downwards on the collar of the nasal spray.**



#### (4) On completion replace dust cap.

**Breathe out through your mouth and repeat for your second spray in the same nostril if needed. Now repeat the whole process in the other nostril.**

藥物指引只供參考之用。  
用藥應按照醫生指示。  
如有疑問請向主診醫生或藥房職員查詢。  
藥物查詢熱線: 23398964

The above information is for reference only .  
If you have any problems, please consult your  
doctor or our pharmacy  
Drug enquiry hotline: 23398964

香港浸信會醫院網址: [www.hkbh.org.hk](http://www.hkbh.org.hk)

HK Baptist Hospital website: [www.hkbh.org.hk](http://www.hkbh.org.hk)

05/2009

