



**Hong Kong Baptist Hospital
Pharmacy Department**

Wish you well soon!

If there are any questions about your discharge medication, please feel free to consult our pharmacist at our pharmacy out-patient counter or call our hotline at 2339 8964

**Peace, peace, to the far and to the near, say the LORD; and I will heal him.
Isaiah 57:19**

Unless it is specified by the prescriber, medication interval generally is taken as follows:

- 1. Once daily, = an interval of 24 hours (preferably at the same time every day)**
- 2. Twice daily, = an interval of 12 hours**
- 3. Three times a day, = an interval of 6 to 8 hours**
- 4. Four times a day, = an interval of 4 to 6 hours**
- 5. Medicine taken on empty stomach (if there is no other specification), = half to one hour before meal/food**
- 6. For medicine taken after food, this is self-explanatory**
- 7. Medicine can be taken either before or after food if there is no specification**
- 8. When taking medicine in liquid form, one teaspoon is equivalent to 5 ml while one tablespoon is equivalent to three teaspoons or 15 ml**